



International Japan Karate Association - Bulgaria

Summer Training Camp of IJKA Bulgaria, Technical course Grading Exam Bulgaria, [Tsarevo](#) July 19-26 - 2020

Summer training camp Monday to Thursday 19th to 23rd July 2020.
and

IJKA - Bulgaria Technical course, Friday to Sunday 24th to 26th July 2020

Instructors:

Latchezar Nenov, 6 dan, chief instructor of IJKA- Bulgaria

Anton Vandev, 5 dan, senior instructor of IJKA- Bulgaria

Svetla Kostova, 5 dan

Resmi Bobev, 5 dan

Emil Dimitrov, 4 dan

Mihail Angelov, 4 dan

Ivan Todorov, 4 dan

Boyan Petrov, 4 dan

Vladimir Vatev, 3 dan

Kostadin Chepandov, 3 dan

Venue: Tsarevo 8260, [Hotel Panorama](#), and sports hall of „Nikola Vaptsarov“ High school, Tsarevo, [Hristo Botev str.](#)



Accommodation Full board:

Children under 12y.o. 245 BGN

Adults and children over 12y.o. - 270 BGN

Price is for 7 days Full board by pre-ordered menu). Please note if you are vegetarian in the application.

Our reservation is limited to 60 people (2, 3, 4 and 5 bed rooms) and early booking is essential.

Instructors to send a registration form to: ijka.nenov@gmail.com

A deposit will not be required due to the changes of the international health situation.

There are a lot of hotels in the area if you need other type of accommodation.

The trainings will be divided into groups by grade and age.

Schedule:

On July 19, 2020 (Sunday) - after 3:00 pm. Check-in, registration and payment (all payments in BGN), 6:30 pm - a meeting of all participants and from 19: 30h. dinner.

Training camp - Monday to Thursday 20-23rd of July incl.

7:30 a.m. to 8:30 p.m. morning cross and flexibility work

5:30 pm to 7:30 pm. - training in the Dojo.

Exam for technical grades up to 1 kyu: 23 July (Thursday) from 18: 30h. (with pre-registration and payment of exam fee by July 19 with your club instructor)

Technical seminar:

Friday July 24th at 10:00am registration for seminar and exam.

from 10:30 to 11:30 training for 9-4 kyu + all grades

11:30am to 12:30 pm training for brown and black belts
and

from 5:30 pm to 6:30 pm training for 9-4 kyu + all grades

6:30 pm to 7:30 pm training for brown and black belts

Saturday July 25th

10:30 am to 11:30 am training for 9-4 kyu + all grades

11:30 am to 12:30 pm training for brown and black belts

Dan grades exam during the sessions

5:30 pm to 6:30 pm training for 9-4 kyu + all grades

6:30 pm to 7:30 pm training for brown and black belts

Sunday July 26th

from 9:30 to 10:30am training for 9-4 kyu + all grades

10:30 am to 11:30am training for brown and black belts

July 26, 2020 (Sunday) Check-out until 12: 00h, lunch from 12: 30h. and departure.

People who are not accommodated in the camp can participate in the trainings.

Those who do not train Karate (parents, friends) can also participate in the morning cross and gymnastics.

Total fee for all trainings 7 days:

9-4 kyu – 110 BGN

3 kyu and Dan grades – 130 BGN

Trainings fee only for the National training camp from **Monday to Thursday**: 50 BGN.

Fee for a single camp training: BGN 10

Trainings fee for the Technical course only:

9-4 kyu – 80 BGN

3 kyu and Dan grades – 100 BGN

Fee for a single training session: 30 BGN

Latchezar Nenov

Chief instructor of IJKA - Bulgaria

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