



IJKA INTERNATIONAL KARATE SEMINAR & “SHIDOKAN CUP- OHRID 2024”
OHRID, MACEDONIA



Location	Sports Hall “Biljanini Izvori” – Ohrid Bulevar Turisticka BB, 6000 Ohrid
Leader Instructor	Latchezar Nenov 6.dan IJKA
Instructors	Gligor Gligoroski 5.dan IJKA Danko Gligoroski 5.dan IJKA Anton Vandev 5.dan IJKA Lasse Kristensson 5.dan IJKA
Programme	IJKA International seminar 9 th – 10 th August, 2024 “SHIDOKAN CUP – OHRID 2024” 11 th August, 2024
9 th August, 2024 (Friday)	10am-12noon training for all grades in separate classes 12noon-1pm DAN EXAMINATION 6pm-8pm training for all grades in separate classes
10 th August, 2024 (Saturday)	10am-12noon training for all grades in separate classes 12noon-1pm KENSHUSEI INSTRUCTORS TRAINING 6pm-8pm training for all grades in separate classes
11 th August, 2024 (Sunday)	“SHIDOKAN CUP- OHRID 2024” individual tournament 1. Kata, 2. Kumite & 3. IJKA Asai-ha Kato-ryu Kata
Seminar fee	60€
Tournament fee	30€