



INTERNATIONAL SHOTOKAN OPEN KARATE CHAMPIONSHIP

29 September 2024, Plovdiv, Bulgaria

Brown and Black belts only (3 Kyu and above)

CATEGORIES AND RULES

INDIVIDUAL KATA

001. CHILDREN, 10 – 11 years male, all grades.	Elimination kata: Shitei kata + Tekki Shodan
002. CHILDREN, 10 – 11 years female, all grades.	Elimination kata: Shitei kata + Tekki Shodan
003. MINICADETS, 12 – 13 years male, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
004. MINICADETS, 12 – 13 years male, Dan grades.	Elimination kata: Sentei kata + Tekki Shodan
005. MINICADETS, 12 – 13 years female, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
006. MINICADETS, 12 – 13 years female, Dan grades.	Elimination kata: Sentei kata + Tekki Shodan
007. CADETS, 14 – 15 years male, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
008. CADETS, 14 – 15 years female, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
009. JUNIORS, 16 – 17 years male, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
010. JUNIORS, 16 – 17 years female, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
011. + 18 YEARS SENIORS male, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
012. + 18 YEARS SENIORS female, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan

Kata rules for categories: 001 - 012: All rounds by points system (**Tensu hoshiki**).

No limits on the number of competitors per club.

The competitors in each category will compete in the elimination rounds down to 8 competitors (semifinal round), then down to 4 (final round). Two competitors at the same time in elimination rounds, AKA / SHIRO. In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

Elimination rounds – Shitei kata: **Heian Shodan, Nidan, Sandan, Yondan, Godan and Tekki Shodan**,
Elimination rounds for groups 004, и 006 - Sentei kata: **Bassai Dai, Jion, Empi**.

Semi-final round (top 8 competitors), categories: **001, 002, 003, 005, 007, 008, 009, 010, 011, 012** will perform Tokui kata, their choice from **Bassai Dai, Kanku Dai, Jion, Empi**,



+ **Shitei kata**, different from ones performed in all previous rounds.

Final round (top 4 competitors) will perform a different Tokui kata for 1 st , 2 nd and 3 rd medal place, their choice from approved kata list appropriate to the competitors grade (the list can be found in the SKDUN Rulebook: <http://www.skdun.org/competition-rules/rule-book/>, pg 49). Must choose different kata from ones performed in all previous rounds.

- 013. CADETS, 14 – 15 years male, Dan grades.**
- 014. CADETS, 14 – 15 years female, Dan grades.**
- 015. JUNIORS, 16 – 17 years male, Dan grades.**
- 016. JUNIORS, 16 – 17 years, female, Dan grades.**
- 017. YOUTHS, 18 – 20 years, male, Dan grades.**
- 018. YOUTHS, 18 – 20 years, female, Dan grades.**
- 019. SENIORS, over 21 years male, Dan grades.**
- 020. SENIORS, over 21 years female, Dan grades.**
- 021. VETERANS, 40 – 49 years male, Dan grades.**
- 022. VETERANS, 40 – 49 years female, Dan grades.**
- 023. VETERANS, 50 – 59 years male, Dan grades.**
- 024. VETERANS, 50 – 59 years female, Dan grades.**
- 025. VETERANS, over 60 years male, Dan grades.**
- 026. VETERANS, over 60 years female, Dan grades.**

Kata rules for categories: 013 – 026, Dan grades: All rounds by points system (**Tensu hoshiki**).

The competitors in each category will compete in the elimination rounds down to 8 competitors (semi-final round), then down to 4 (final round). Two competitors at the same time in elimination rounds, AKA / SHIRO. In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

Elimination rounds – **CADETS**: - Sentei kata: **Bassai Dai, Empi and Jion**.

Elimination rounds – **JUNIORS, SENIORS, VETERANS** - Sentei kata: **Bassai Dai, Empi, Jion and Kanku Dai**.

Semi-final (top 8 competitors): Tokui kata (see the approved kata list for the competitor grade).

Final round (top 4 competitors): Tokui kata, no repeat of previously performed kata (see the approved kata list for the competitor grade).

For choice of Tokui kata see the approved kata list appropriate to the competitors age and grade (the list can be found in the SKDUN Rulebook: <http://www.skdun.org/competition-rules/rule-book/>)

Kata rules for Asai ha Shotokan ryu: All rounds Tokui kata by points system (Tensu hoshiki).

Asai ha Shotokan ryu kata (10 - 11 years) male

Asai ha Shotokan ryu kata (10 - 11 years) female



Asai ha Shotokan ryu kata (12 - 13 years) male
Asai ha Shotokan ryu kata (12 - 13 years) female
Asai ha Shotokan ryu kata (14 - 15 years) male
Asai ha Shotokan ryu kata (14 - 15 years) female
Asai ha Shotokan ryu kata (16 - 17 years) male
Asai ha Shotokan ryu kata (16 - 17 years) female

027. Asai ha Shotokan ryu kata (Over 18 years) SENIORS male

028. Asai ha Shotokan ryu kata (Over 18 years) SENIORS female

The competitors in each category will perform Tokui kata in one elimination round (one competitor at a time) down to 8 competitors (semifinal round), then down to 4 (final round). In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

For choice of Tokui kata see the approved kata list appropriate to the competitors age and grade (the list can be found in the SKDUN Rulebook: <http://www.skdun.org/competition-rules/rule-book/>).

KUMITE INDIVIDUAL: IPPON SHOBU

Kumite rules: Ippon Shobu (2 waza-ari or 1 Ippon) for all categories.

Senior individual kumite, Male and Female - **final match 3 minutes sanbon shobu.**

Duration of matches is specified for each age group.

No limits on the number of competitors per clubs.

Note: Competitors who compete in Shobu Ippon Kumite can also participate in Jiyu Ippon Kumite categories (up to 18 years).

CHILDREN 10 – 11 years, 1 minute 30 seconds

041. Male -34 kg 042. Male -40 kg 043. Male +40 kg 044. Female -40 kg 045. Female +40 kg

MINICADETS 12 – 13 r., 1 minute 30 seconds

046. Male -43 kg 047. Male -53 kg 048. Male +53 kg 049. Female -50 kg 050. Female +50 kg.

CADETS 14 – 15 r., 2 minutes

051. Male -57kg 052. Male -67kg 053. Male +67kg 054. Female -53 055. Female +53 kg

JUNIORS 16 – 17 r., 2 minutes

056. Male -63kg 057. Male -73kg 058. Male +73kg 059. Female -57kg 060. Female +57kg



YOUTHS 18 - 20 г., 2 minutes

061. Male -70kg 062. Male -78kg 063. Male +78kg 064. Female -58kg 065. Female +58kg

SENIORS над 21 г., 2 minutes (final match 3 minutes sanbon shobu)

066. Male -70 kg 067. Male -80 kg 068. Male +80 kg 069. Female -58 kg 070. Female +58 kg

078. MALE SENIORS Open category (over 21 years old only) 2 minutes (final match 3 minutes sanbon shobu)

079. FEMALE SENIORS Open category (over 21 years old only) 2 minutes (final match 3 minutes sanbon shobu)

133. JUNIORS Open category male (16-17)

134. JUNIORS Open category female (16-17)

135. YOUTHS Open category male (18-20)

136. YOUTHS Open category female (18-20)

JIYU IPPON KUMITE

Jiyu Ippon Kumite rules: The criteria for judgement is the same as for Jiyu Kumite, but no scores or penalties will be awarded during the match.

The match will comprise of 6 attacks: jodan-zuki, chudan-zuki, mae-geri chudan, yoko-geri kekomi chudan, mawashi-geri chudan or jodan (must state the target), ushiro-geri chudan. The defender will block and counter using **go-no-sen** (any block and counterattack combination). Each attack will be conducted first by aka then shiro i.e. aka attacks jodan-zuki, shiro blocks and counter attacks, then shiro attacks jodan-zuki, aka blocks and counter attacks etc. The decision will be made by Hantei at the end of the match. Competitors who compete in Jiyu Ippon Kumite can also participate in Jiyu Kumite (Ippon Shobu).

<http://www.skdun.org/competition-rules/rule-book/> and demonstration video on SKDUN YouTube channel <https://www.youtube.com/watch?v=fSsa9N3peEQ&t=243s> part 1 and part 2 <https://www.youtube.com/watch?v=XUBsJgnE1JA&t=31s>

No limit on the number of competitors.

CHILDREN 10 – 11 years

110. Male Open Jiyu Ippon Kumite. 111. Female Open Jiyu Ippon Kumite.

MINICADETS 12 – 13 г.

112. Male Open Jiyu Ippon Kumite. 113. Female Open Jiyu Ippon Kumite.

CADETS 14 – 15 г.

114. Male Open Jiyu Ippon Kumite. 115. Female Open Jiyu Ippon Kumite.

JUNIORS 16 – 17 г.

116. Male Open Jiyu Ippon Kumite. 117. Female Open Jiyu Ippon Kumite.



Competition for grades (9th to 4th Kyu)

Kata rules: Elimination rounds by flag system (kohaku hoshiki). The competitors in each category will compete in one elimination round down to 8 competitors. **Kata was chosen by the referee.** Two competitors at the same time, AKA & SHIRO.

Final round by point system (tensu hoshiki), the 8 competitors will perform Tokui kata (their choice from the approved list, see the rule book), the top 3 scores will decide 1st, 2nd and 3rd medal place.

No limit of participants in any category.

In the case of many entries in a kata category, that category may be divided into further categories by grade. Also, any category that fails to meet the minimum number of entries (4 competitors) will be joined with the next appropriate category, any new categories will be announced after the end of the registration.

KATA INDIVIDUAL

CHILDREN 7 – 9 years

Male 9th – 7th kyu 001A - Male 9th kyu 001B - Male 8th kyu 001C - Male 7th kyu	Male 6th– 4th kyu 002A - Male 6th 002B - Male 5th – 4th kyu
Female 9th – 7th kyu 003A - Female 9th kyu 003B - Female 8th kyu 003C - Female 7th kyu	Female 6th – 4th kyu 004A - Female 6th 004B - Female 5th – 4th kyu

CHILDREN 10 – 11 years

005 - Male 9th – 7th kyu	006 - Male 6th – 4th kyu
007 - Female 9th – 7th kyu	008 - Female 6th – 4th kyu

MINICADET 12 – 13 years

009. Male 9th – 7th kyu	010. Male 6th – 4th kyu
011. Female 9th – 7th kyu	012. Female 6th – 4th kyu



CADET 14 – 15 years

013. Male 9th – 7th kyu	014. Male 6th – 4th kyu
015. Female 9th – 7th kyu	016. Female 6th – 4th kyu

JUNIOR 16 – 17 years

017. Male 9th – 7th kyu	018. Male 6th – 4th kyu
019. Female 9th – 7th kyu	020. Female 6th – 4th kyu

SENIOR - 18 + years

021. Male 9th – 7th kyu	022. Male 6th – 4th kyu
023. Female 9th – 7th kyu	024. Female 6th – 4th kyu

Categories for 9th to 7th kyu:

Elimination rounds by flag system – Shitei kata: **Taikyoku Shodan and Heian Shodan.**

Final round (top 8 competitors) – Tokui kata, Tensu Hoshiki (points system).

Choice from **Taikyoku Shodan, Heian Shodan, Heian Nidan and Heian Sandan.**

(In the case of a draw, competitors may perform the same kata).

Categories for 6th to 4th kyu:

Elimination rounds by flag system – Shitei kata: **Heian Shodan, Heian Nidan and Heian Sandan.**

Final round (top 8 competitors) – Tokui kata, Tensu Hoshiki (points system).

Choice from **all Heian kata plus Tekki Shodan.**

(In the case of a draw, competitors must perform a different kata than in the previous rounds).

Kata rules for Asai ha Shotokan ryu:

Kohai: All rounds, Tokui kata by points system (Tensu hoshiki).

One Elimination round down to 8 competitors.

Final round: The 8 competitors will perform Tokui kata and the top 3 scores will decide 1st, 2nd, and 3rd medal place.

No limit of participants in any category.

Category 8 - 6 kyu: free choice from Zenkutsu dachi no kata, Junro Shodan, Junro Nidan.

8-7 kyu competitors, in the case of a draw, may perform the same kata.



Category 5 - 4 kyu: free choice from Zenkutsu dachi no kata, Junro Shodan Junro Nidan and Junro Sandan.

Categories:

10 – 11 years

Male 8 - 6 kyu	Male 5 - 4 kyu
Female 8 - 6 kyu	Female 5 - 4 kyu

12 – 13 years

Male 8 - 6 kyu	Male 5 - 4 kyu
Female 8 - 6 kyu	Female 5 - 4 kyu

14 – 15 years

Male 8 - 6 kyu	Male 5 - 4 kyu
Female 8 - 6 kyu	Female 5 - 4 kyu

16 – 17 years

Male 8 - 6 kyu	Male 5 - 4 kyu
Female 8 - 6 kyu	Female 5 - 4 kyu

18 + years

Male 8 - 6 kyu	Male 5 - 4 kyu
Female 8 - 6 kyu	Female 5 - 4 kyu

KUMITE INDIVIDUAL

KIHON IPPON KUMITE:

Competitors perform all attacks in the left kamae only (Hidari), with **Tori (Aka)** attacking first. In the event of a Hikiwake, they perform a kamae on the right (Migi), with **Shiro** attacking first.

Tori initially stands in a Zenkutsu dachi Gedan barai stance with a "Kiai". **Tori** announces each attack and the area. There is "Kiai" on each attack and counterattack. Techniques are performed with **Control!**

KIHON IPPON KUMITE: 9 - 4 Kyu. - will be judged by flag system (Kohaku Hoshiki). Detailed description and criteria for judgement of Kihon Ippon kumite can be found in the demonstration on SKDUN YouTube

Channel:

Part1: <https://www.youtube.com/watch?v=xWL4AHuqSd4&t=283s>

Part2: <https://www.youtube.com/watch?v=rqyY-2PQFtg>

9 – 7 Kyu



Tori	Uke
Oi-Zuki Jodan	The defense is carried out with a block according to
Oi-Zuki Chudan	the attack, and the counterattack can be up to two
Mae-Geri Chudan	free techniques

6 – 4 Kyu

Tori	Uke
Oi-Zuki Jodan	The defense is carried out with a block according to
Oi-Zuki Chudan	the attack, and the counterattack can be up to two
Mae Geri Chudan	free techniques
Yoko-Geri kekomi Chudan	
Mawashi-Geri jodan or chudan / target area stated prior to the attack /	

JIYU KUMITE (Ippon Shobu kumite), (2 waza-ari or 1 Ippon), Only for 6th – 4th kyu

Duration of the match is specified for each age group.

In case of a large number of entries in a category Jiyu Kumite, that category may be divided into further categories, any new categories will be announced after the end of the registration.

For all categories 9-7 kyu only KIHON IPPON KUMITE.

For all categories 6-4 kyu, KIHON IPPON KUMITE and/or IPPON SHOBU (2 waza-ari or 1 Ippon).

CHILDREN 7– 9 years

069. Male 9 th – 7 th kyu	070. Female 9 th – 7 th kyu
071. Male 6 th – 4 th kyu	072. Female 6 th – 4 th kyu
Male 6 th – 4 th kyu -30kg; +30kg.	Female 6 th – 4 th kyu -30kg; +30kg

1 minute 30 seconds

CHILDREN 10 –11 years

075. Male 9 th –7 th kyu	076. Female 9 th –7 th kyu
077. Male 6 th – 4 th kyu	078. Female 6 th – 4 th kyu
079. Male 6 th – 4 th kyu -34kg; -38kg; +38kg.	080. Female 6 th – 4 th kyu -32kg; -38kg; +38kg

duration 1 minute 30 seconds



MINICADET 12–13 years

083.Male 9th–7th kyu	084.Female 9th–7th kyu
085.Male 6th–4th kyu	086.Female 6th–4th kyu
087. Male 6th – 4th kyu -43kg; -53kg; +53 kg	082.Female 6th – 4th kyu -43kg; -50kg; +50 kg

duration 1 minute 30 seconds.

CADET 14 – 15 years

091.Male 9th–7th kyu	092.Female 9th–7th kyu
093.Male 6th–4th kyu	094.Female 6th–4th kyu

CADET 14 – 15 years, Ippon Shobu, 6 – 4 kyu.

- 95.A** Ippon Shobu kumite CADETS, 14-15 YEARS, MALE, 6-4KYU -57KG
- 95.B** Ippon Shobu kumite CADETS, 14-15YEARS, MALE, 6-4KYU -67KG
- 95.C** Ippon Shobu kumite CADETS, 14-15YEARS, MALE, 6-4KYU +67KG
- 96.A** Ippon Shobu kumite CADETS, 14-15YEARS, FEMALE, 6-4KYU -47KG
- 96.B** Ippon Shobu kumite CADETS, 14-15YEARS, FEMALE, 6-4KYU -53KG
- 96.C** Ippon Shobu kumite CADETS, 14-15YEARS, FEMALE, 6-4KYU +53KG

duration 2 minutes.

CHILDREN 16 – 17 years

099.Male 9th–7th kyu	100.Female 9th–7th kyu
101.Male 6th–4th kyu	102.Female 6th–4th kyu

JUNIOR 16 – 17 years 6 – 4 kuy.

- 103.A** Ippon Shobu kumite JUNIORS, 16-17YEARS, MALE, 6-4KYU -63KG
- 103.B** Ippon Shobu kumite JUNIORS, 16-17YEARS, MALE, 6-4KYU -73KG
- 103.C** Ippon Shobu kumite JUNIORS, 16-17YEARS, MALE, 6-4KYU +73KG
- 104.A** Ippon Shobu kumite JUNIORS, 16-17YEARS, FEMALE, 6-4KYU -52KG
- 104.B** Ippon Shobu kumite JUNIORS, 16-17YEARS, FEMALE, 6-4KYU -57KG
- 104.C** Ippon Shobu kumite JUNIORS, 16-17YEARS, FEMALE, 6-4KYU +57KG

duration 2 minutes.

SENIOR 18 + years

107.Male 9th–7th kyu	108.Female 9th–7th kyu
109.Male 6th–4th kyu	110.Female 6th–4th kyu

SENIOR 18 + years, Ippon Shobu, 6 – 4 kyu.

- 111.A** Ippon Shobu kumite SENIORS, 18-39YEARS, MALE, 6-4KYU -70KG
- 111.B** Ippon Shobu kumite SENIORS, 18-39YEARS, MALE, 6-4KYU -78KG
- 111.C** Ippon Shobu kumite SENIORS, 18-39YEARS, MALE, 6-4KYU +78KG
- 112.A** Ippon Shobu kumite SENIORS, 18-39YEARS, FEMALE, 6-4KYU -53KG
- 112.B** Ippon Shobu kumite SENIORS, 18-39YEARS, FEMALE, 6-4KYU -58KG
- 112.C** Ippon Shobu kumite SENIORS, 18-39YEARS, FEMALE, 6-4KYU +58KG

duration 2 minutes.



ADMINISTRATIVE REQUIREMENTS

Documents:

1. Membership card or Budo passport certifying the grade of each competitor.
2. The health condition of the competitors is entirely the responsibility of the club on whose behalf they are admitted. With your registration to participate, each club declares this fact.
3. Insurance for athletes is responsibility of the respective club.
4. Submission of a copy of the payment slip for paid participation fee.

Registrations are submitted electronically:

- online at https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=8299#a_eventhead till 18.09.2024.
- Coaches must apply also at [SportData](#)
- If you have difficulties to register at SportData please send completed application form "[Registration.xls](#)" to e-mail ijka@shotokan.bg, till 17.09.2024.

The clubs confirm the accuracy of the registrations (incl. weight, grade) until 20.09.2024 at e-mail: ijka@shotokan.bg. Until 12 o'clock on 20/09/2024, it is possible to deregister a competitor or move to another category. For cancellation of competitors after 12:00 on 20.09.2024, their participation fee will not be refunded. Participation fees are paid in advance by bank transfer and the payment is sent to e-mail: ijka@shotokan.bg Payment deadline 24.09.2024.

Entry Fees: 20 Euro per event.

Protest fee: 50 Euro.

Bank account.

Karate Club Shiseikan

IBAN: BG93 FINV 9150 12BG N0AA 2R

Swift code: FINVBGSF

Entry fees for the seminar in cash at the registration of the seminar.

Rules:

The rules for conducting the competition are regulated in the "[Regulations for competitions of the SKDUN](#)" In the case of appeals and contestations, the Referee render a decision according to the rules and other normative documents of the BFSK.

In the competition area, each team is allowed to have a coach, who must be registered in advance in order to be issued a badge. Badges will be given out at the start of the tournament.

Only the coach can address the Kansa and the Chief Referee.

The coach is responsible for the conduct, etiquette, and attitude of his team.

Indecent behavior on the part of the coach, competitors lead to the disqualification of the competitor, the coach in accordance with the Disciplinary Rules of the BFSK.

Mandatory equipment:

1. Teeth protector, white or transparent.
2. Hand protectors, white up to 2 cm.
3. Belts, white and red.
4. Breast Protector for women.



5. Men's Groin Protector.

6. Karate Gi: - Maximum length of the top - to the middle of the thighs.

- The sleeves of the top should reach at least the middle of the forearm without covering the wrist.

- The length of the bottom should cover at least two thirds of the lower leg without covering the ankle.

The organizer reserves the right to change the categories depending on the number of participants.

[Website of the event](#)